

FORMATION OF HEALTHY THINKING IN STUDENTS BASED ON THE WORKS OF A. AVLONI

Sattarov Allabergan Vyacheslovovich

Khiva Pedagogical College Deputy Director of Academic Affairs

**Abstract:** The works of Abdulla Avloni provide a strong foundation for developing healthy thinking in students by emphasizing critical reasoning, moral integrity, and national consciousness. His ideas advocate for an education system that fosters independent thought, ethical responsibility, and social awareness. By integrating Avloni's principles into modern pedagogy, educators can nurture intellectual curiosity, media literacy, and civic engagement. His teachings remain relevant in contemporary education, offering valuable insights into shaping enlightened individuals who contribute positively to society.

**Keywords:** Abdulla Avloni, healthy thinking, critical reasoning, moral education, national consciousness, pedagogy, media literacy, civic engagement.

The formation of healthy thinking in students is a fundamental goal of education, shaping individuals who are capable of critical reasoning, ethical decision-making, and social responsibility. Abdulla Avloni, a leading figure in Uzbek literature, education, and journalism, dedicated his life to fostering enlightenment and intellectual development in society. His works, which emphasize moral integrity, rational thought, and national consciousness, provide a strong foundation for the development of healthy thinking in students. Avloni believed that education should not only impart knowledge but also cultivate the ability to think independently, make informed decisions, and contribute positively to society. His writings highlight the importance of intellectual growth, ethical awareness, and civic responsibility, making them highly relevant for modern educators seeking to instill these values in students. By analyzing Avloni's works, it becomes evident that his pedagogical ideas can serve as a guide for contemporary education systems in promoting intellectual and moral development among young learners.

Avloni's approach to education was deeply rooted in the idea that a nation's progress depended on the intellectual capabilities of its people. He argued that ignorance and backward thinking were the primary obstacles to social and economic development. Through his works, Avloni consistently emphasized that education should be designed to create individuals who could think critically, analyze situations rationally, and act responsibly. He believed that traditional forms of education, which often relied on rote memorization, were insufficient in preparing students for the complexities of modern life. Instead, he advocated for an education system that encouraged curiosity, logical reasoning, and creativity. His ideas align closely with contemporary educational theories that prioritize problem-solving skills, analytical thinking, and the ability to adapt to changing circumstances. By integrating Avloni's principles into modern curricula, educators can help students develop a mindset that is open to new ideas, resistant to manipulation, and capable of making sound judgments based on reason and evidence.

One of the central themes in Avloni's works is the importance of moral and ethical education as part of healthy thinking. He believed that knowledge without morality was dangerous and that true enlightenment could only be achieved when intellectual development was accompanied by strong ethical principles. In his writings, he frequently addressed topics such as honesty, responsibility, respect for others, and the dangers of corruption and moral decay. He saw education as a means of

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nurturing these values, ensuring that students not only acquired knowledge but also developed a strong sense of justice and integrity. In modern education, this perspective is reflected in character education programs, which emphasize the development of virtues such as empathy, fairness, and respect. By incorporating Avloni's teachings into contemporary educational practices, schools can help students build a moral framework that guides their thinking and decision-making. This, in turn, contributes to a society where individuals act with integrity, uphold ethical standards, and work toward the common good.

Avloni also stressed the significance of national consciousness in shaping healthy thinking. He believed that students should be aware of their cultural heritage, historical identity, and responsibilities as citizens. His works often highlight the importance of understanding one's history and traditions as a means of developing a well-rounded and informed perspective on the world. He argued that a strong national identity should not be based on blind patriotism but on a deep understanding of cultural values, historical struggles, and the need for progress. This idea is particularly relevant in today's globalized world, where students are exposed to diverse perspectives and influences. While embracing global knowledge is essential, maintaining a strong sense of cultural identity helps students develop a balanced worldview. By studying Avloni's works, students can learn to appreciate their national heritage while also engaging critically with contemporary global issues. This approach fosters a sense of pride, responsibility, and a commitment to contributing positively to society.

Another critical aspect of Avloni's philosophy is his emphasis on the role of teachers in shaping students' thinking. He viewed teachers as intellectual leaders who had the power to influence the minds of young learners. In his writings, he called for teachers to be well-educated, morally upright, and dedicated to their profession. He believed that a teacher's duty went beyond simply delivering lessons; they had to inspire students, challenge their thinking, and encourage them to question and explore. This perspective is highly relevant in modern education, where the role of teachers is shifting from being mere transmitters of information to facilitators of learning. Avloni's emphasis on teacher professionalism and ethical responsibility serves as a reminder that the quality of education depends largely on the quality of educators. Investing in teacher training, professional development, and ethical leadership ensures that students receive an education that nurtures healthy thinking and intellectual independence.

Avloni's works also emphasize the importance of media literacy in the development of critical thinking. He understood that information had the power to shape public opinion and that individuals needed to be equipped with the skills to analyze and interpret the messages they received. In his time, he used journalism as a tool to educate the public, challenge misconceptions, and advocate for progress. Today, with the rise of digital media and the widespread availability of information, media literacy is more crucial than ever. Students must be able to distinguish between reliable sources and misinformation, critically evaluate news and opinions, and engage in informed discussions. By incorporating Avloni's principles into media education, schools can help students navigate the complex information landscape, enabling them to think critically and make well-informed decisions in a world filled with diverse and sometimes conflicting narratives.

In conclusion, the formation of healthy thinking in students based on the works of Abdulla Avloni is a crucial aspect of education that combines intellectual development with ethical, cultural, and social awareness. Avloni's writings provide a rich source of guidance for modern educators, emphasizing the importance of critical thinking, moral integrity, national consciousness, teacher

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professionalism, media literacy, and civic responsibility. By integrating his principles into contemporary education, schools can nurture students who are not only knowledgeable but also capable of independent thought, ethical decision-making, and active participation in society. His timeless ideas serve as a foundation for shaping a new generation of enlightened individuals who contribute to the progress of their communities and the nation as a whole. In an era of rapid technological advancements and social change, Avloni's vision of education remains as relevant as ever, offering valuable insights into the development of well-rounded, responsible, and critically thinking individuals.

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