

THE ROLE OF MOTIVATION IN LEARNING ENGLISH: TECHNIQUES FOR ENGAGING STUDENTS

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**Annotatsiya.** Motivatsiya, ayniqsa, ona tili ingliz tili bo'lmaganlar uchun, ingliz tilini muvaffaqiyatli o'rganishda muhim ahamiyatga ega. Ushbu maqolada motivatsiyaning til o'rganishdagi o'rni tushuntiriladi va o'quvchilarni darslarda qiziqtirish va rag'batlantirishga yordam beradigan usullar ko'rsatiladi. Shuningdek, O'zbekistondagi Ibrat tashkiloti va Duolingo kabi vositalarning bepul va qiziqarli ingliz tili darslariga kirishni yaxshilashdagi roli muhokama qilinadi. Maqolada o'yinlar, texnologiyalar va madaniy integratsiya kabi strategiyalar talabalarning motivatsiyasini va muvaffaqiyatini oshirish yo'llari sifatida ko'rib chiqiladi.

**Kalit so'zlar:** motivatsiya, ingliz tilini o'rganish, Duolingo, Ibrat tashkiloti, o'qitish usullari.

**Аннотация.** Мотивация играет ключевую роль в успешном изучении английского языка, особенно для носителей других языков. В статье объясняется значение мотивации в изучении языка и предлагаются методы, которые помогают учащимся сохранять интерес и энтузиазм на уроках. Также обсуждается, как организации, такие как «Ибрат» в Узбекистане, и инструменты, такие как Duolingo, способствуют улучшению доступа к бесплатным и увлекательным занятиям по английскому языку. В статье рассматриваются стратегии, такие как использование игр, технологий и культурной интеграции, которые могут повысить мотивацию студентов и их успехи.

**Ключевые слова:** мотивация, изучение английского, Duolingo, организация «Ибрат», методы преподавания.

**Abstract.** Motivation is essential for learning English successfully, especially for non-native speakers. This paper explains the importance of motivation in language learning and highlights techniques to help students stay interested and excited in class. It also discusses how organizations like Ibrat in Uzbekistan, as well as tools like Duolingo, contribute to improving access to free and engaging English lessons. Strategies like using games, technology, and cultural integration are explored to show how they can enhance student motivation and success.

**Key words:** motivation, English learning, Duolingo, Ibrat organization, teaching methods.

### INTRODUCTION

Learning English as a second or foreign language is both exciting and challenging. Many students lose motivation because they feel the lessons are boring or too hard. Motivation, however, can help students overcome these challenges and build confidence. In Uzbekistan, efforts like the Ibrat organizations, which provide free language lessons, and modern tools like Duolingo, are making language learning easier and more accessible for everyone.

Teachers also play a big role in keeping students motivated. This paper explores why motivation is so important and explains practical ways to make English classes enjoyable, such as using games, technology, and activities that connect to students' interests.

#### Methods

To understand the role of motivation in learning English, the following methods were used:

1. Surveys

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- 50 students and 10 teachers were asked questions about their favorite learning activities and tools.
- Questions included, “What makes English lessons interesting?” and “Do you use apps or free lessons outside of class?”

### 2. Classroom Observations

- Observations were conducted over 6 months in various English classes.
- Methods like using games, group activities, and technology were carefully noted to see how they affect student engagement.

### 3. Interviews

- Teachers shared their strategies for keeping students motivated. Many mentioned free resources like Ibrat lessons and Duolingo as helpful tools.

### 4. Exploring Free Resources in Uzbekistan

- The role of organizations like Ibrat, which offer free language courses, was analyzed.
- Apps like Duolingo, which combine fun activities with learning, were also studied for their motivational impact.

## Results

The study revealed several successful techniques for motivating students in English learning:

### 1. Free Resources in Uzbekistan

- Ibrat Organizations:

In Uzbekistan, Ibrat organizations provide free English language lessons to students of all ages. These programs not only reduce financial barriers but also give students access to professional teachers and engaging activities.

- Students reported that the friendly environment in these programs made them feel confident and supported.

• Teachers in Ibrat often use games, songs, and cultural discussions, which increase both motivation and language skills.

- Free Apps like Duolingo:

• Duolingo is very popular among students because it is easy to use and feels like playing a game.

• The app offers rewards like badges and streaks, which keep learners motivated to continue their daily lessons.

• Teachers recommended Duolingo as a tool for self-study and a way to practice outside the classroom.

### 2. Technology in the Classroom

- Using videos, music, and online games makes lessons more interactive and exciting.

- Apps like Kahoot and Quizlet were especially useful for vocabulary and grammar practice.

### 3. Personalized Lessons

- Teachers who adapted lessons to match students’ interests saw better engagement. For example:

- Sports-related topics for athletic students.

- Music and pop culture for creative learners.

### 4. Fun Activities

• Group Work and Games: Students enjoyed learning in groups where they could compete or cooperate.

• Cultural Activities: Learning about English-speaking cultures through movies, food, and traditions made classes more interesting.

### 5. Positive Feedback and Encouragement

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- Teachers who praised students regularly and gave small rewards, like stickers or certificates, noticed that students worked harder.

#### **Discussion**

Motivation is both intrinsic (coming from personal interest) and extrinsic (influenced by rewards or grades). For example:

- **Intrinsic Motivation:** Students using Duolingo may feel motivated because they enjoy the process of learning.
- **Extrinsic Motivation:** Students attending Ibrat lessons may be motivated to earn certificates or learn skills for future jobs.

Both types of motivation are important. Teachers should mix different techniques to reach all types of students. Free programs like Ibrat and tools like Duolingo are excellent examples of how technology and accessibility can make language learning more engaging.

#### **Acknowledgment**

I would like to express my deepest gratitude to everyone who contributed to the success of this study. First and foremost, I am thankful to the teachers and students who participated in the surveys and shared their experiences. Their honest insights and feedback formed the foundation of this research and highlighted the practical challenges and opportunities in English language learning.

A special thanks goes to the Ibrat Academy, a remarkable organization in Uzbekistan that has made significant strides in promoting free and accessible language education. The academy offers free English lessons both online and offline, catering to learners of various ages and skill levels. What sets Ibrat Academy apart is their commitment to quality and comprehensive learning. After each online lesson, students are required to take a test designed to assess their understanding and measure their progress. These tests are not only an effective way to reinforce learning but also help students determine their current proficiency level.

Furthermore, the Ibrat Academy motivates students by awarding certificates upon completion of their courses. These certificates are highly valued as they serve as tangible proof of achievement and can even be used to enhance professional or academic opportunities. The academy also incorporates innovative teaching methods, such as integrating interactive activities, cultural discussions, and practical applications of the language, which significantly contribute to boosting student engagement and confidence.

Finally, I would like to thank platforms like Duolingo, which have revolutionized the way we learn languages. Their gamified approach and user-friendly interface make English learning accessible and enjoyable for learners worldwide. Combining the structured teaching of organizations like Ibrat Academy with the flexibility of tools like Duolingo creates a holistic approach to language acquisition that caters to diverse learning preferences.

This research would not have been possible without the contributions of these incredible organizations, dedicated teachers, motivated students, and the innovative tools that continue to shape the future of education. Thank you all for inspiring a deeper understanding of the role of motivation in learning English.

#### **Conclusion:**

Motivation plays a critical role in the process of learning English, particularly for non-native speakers. It influences how students engage with the language, overcome challenges, and achieve success. This study highlights the importance of combining intrinsic and extrinsic motivational strategies to create an engaging and effective learning environment. Techniques such as gamification, personalized

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teaching, the use of technology, and cultural integration have proven to be highly beneficial in maintaining student interest and enhancing language acquisition.

The contributions of organizations like Ibrat Academy in Uzbekistan cannot be overstated. By offering free, accessible, and high-quality English lessons, coupled with assessments and certification programs, Ibrat has set a strong example of how education can be made inclusive and motivating. Additionally, platforms like Duolingo have shown how gamified learning tools can complement traditional teaching methods, providing learners with flexible and enjoyable opportunities to practice English.

To maximize the benefits of these approaches, educators must continuously innovate their teaching techniques and explore new ways to motivate students. By fostering a love for learning and addressing the diverse needs of students, educators can help them achieve their goals and unlock their full potential in mastering the English language. This research reaffirms that with the right motivation and resources, the journey of learning English can be both enjoyable and transformative.

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