

How do you create?

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Annotation: The article is mainly about human creativity and the factors that influence it, and in it lies the abilities of people underlying creativity. The article reveals deep thoughts about the fact that every child is born creative and why they cannot create.

Key words: creativity, experience, ability, restrictive, process, dreams, purpose, beneficial, help, imagination.

It is often argued that the experience of wonder is the basis of historical and secular creative movements, ranging from great achievements in science to children's daily discoveries during play. There are two kinds of creators in the world: those who create things and those who can't find a reason why they can't. The big difference between them is their thinking. The first type of person believes that in the world around them, everything is enough for them to be creative. We can enter the world for free and without anyone's permission. In 2013, director Son Baker wanted to make a film called "Mandarin" and it was not possible to finance it. He did it through the iPhone. Whether resources aid in creation or whether they are required to be created. The lack of conditions to create something is not an excuse, but real creativity is the creation of a productive, unusual product using any conditions. The lack of experience also stops us from creating. We don't have to be trusted. It's great for people to sync with us and encourage our dreams, but we don't need anyone's help to create something.

Moreover, understanding to see through your heart and soul rather than your eyes is an important part of the creative process. Creativity is a unique result of the mind's imagination. The imagination is the engine that propels the creative process forward. The creative process examines the methods and stages that occur during a creative effort. The creative person is a unique facet of creativity. The creative process consists of five steps but is not restrictive, allowing your personal flavor to show through. Creativity entails the translation of our unique talents, capabilities, and perspectives into an actual world that is novel, beneficial, and distinctly ours. That is what creativity entails. "Spontaneous creation originates from our deepest

THE MULTIDISCIPLINARY JOURNAL OF SCIENCE AND TECHNOLOGY

VOLUME-4, ISSUE-5

essence," stated Stephen Nachmanovitch, author of *Free Play*. The only strategies that can help us are those we create ourselves. Ultimately, the only techniques that can help we are those invent ourselves. "We should not feel compelled to keep between the lines; instead, we should openly express ourselves anyway we think fit. Being genuine to oneself is the source of originality, not anything else. Betty Edwards, an artist, feels that the creative process may be broken down into five parts. The steps of the creative process should be utilized as a guide to help the creative person along the path. "The trail is at least marked with indications to aid the chase like clues in a treasure hunt, these notations encourage the pursuit," says the author (Betty Edwards, 1999). "The steps of the creative process are in chronological order, starting with the first insight and ending with the final product. Beginning as the first idea, the stages of the creative process progress in order: immersion, incubation, illumination, and verification. "Because there are different personality types, and the creative processes of one are not the same as those of another...each of us must discover his or her own way into and through these key secrets (Nachmanovitch 10)," there isn't much more to say about the creative process.

For some people, creation is an emotional response. One of the best ways to get rid of stress when many thoughts and stresses are spinning in our heads is to create words or shapes out of our imagination and into the real world. Another reason people create is peace of mind. Another reason to create is for money. Believe it or not, there are artists in the world who enjoy painting because it brings them money. Money is a great motivator for some people, it's a good reason to create or not is another matter.

Another key fact, in reality mind and culture are inter-dependent (Shweden, 1990) and create action is an excellent example of this inter-dependence. As life becomes more cultural and innovative day by day, it allows people to personally create new things for me by smelling the scent of these innovations, because it convinces me that I can further expand the scope of my mental development. For example, I use my own national fabrics to create beautiful clothes, hats and bags, giving them a modern look.

Creating things is an integral part of my personal life. Because I try to apply creativity to everything I do in my daily work. Basically, I use creativity in teaching students, in interacting with my children, in interacting with people, in my own society. I use my position and most importantly, I use my personal life wisely to enrich my life with creativity, to gain strength from everything. Discovery is the main tool in my life, and the above experiences are examples that have helped me. Because my personal rule is that creativity is seeing the impossible with the eyes of the heart, finding rational solutions to them, and at the same time creating a unique

work. My primary creative duty is to produce visual aids for each session based on the abilities of the students and the capacities of learners of various ages. Although this is an era of innovation, works based on handicrafts created in a creative manner are valued and highly esteemed in any era.

Above all, human beings are essentially born creative—from infancy on we find innovative ways to negotiate life. The most creative people find ways around obstacles because they see them not just as roadblocks but also as opportunities. Creativity expands our perceptions and along with expanded perceptions come new ways of problem solving—from making an exquisite meal when you don't know how to cook to painting an extraordinary landscape when you are living in a freezing attic and can't afford a full box of paints. The most appealing sphere in my life is language. However, I use it as a tool in social life and daily life as language is directly related to my profession and through it my interests.

References:

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