

CARIES DISEASE IN YOUNG CHILDREN

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Relevance of the topic: caries disease - among mankind is the most common disease, occurring in 93% of people. Caries is derived from the Latin word rot.

Caries is a complex, slow-moving pathological process in its hard tissues as a result of damage to tooth enamel, caused by bacteria of the oral cavity, mainly Streptococcus mutans and Streptococcus sanguis.

In general, caries disease in young children is caused by improper oral hygiene, irregular and ineffective cleaning of teeth, irrational diet, eating a lot of food rich in soft carbohydrates, low consumption of raw fruits, hypovitaminosis, lack of certain minerals (fluorine, phosphorus, calcium) in drinking water, at a young age. As a result of rickets, tuberculosis, improper formation of teeth, weakened immunity and pathology of the gastrointestinal system are considered to be one of the urgent problems of medicine today.

Purpose of work: as the purpose of the work, the occurrence, causes and spread of caries in children of kindergarten age living in the city of Urganch were studied.

Results obtained: the results of the investigation showed that children of kindergarten age had caries, and the cause of the disease was the failure to follow the rules of dental hygiene in time.

In addition to dental caries, diseases such as pulpitis, periodontitis, cysts, and fluous disease have also been identified as complications.

Conclusions: In conclusion, it can be said that the correct cleaning of teeth for the prevention of caries in children of kindergarten age - 2 times a day after meals for about 2 minutes. Mouthwash – special mouthwashes kill 99% of bacteria in the mouth. Avoid eating hot or cold foods - eating very hot or very cold foods or drinking liquids can damage tooth enamel and make it susceptible to germs. Staying under the supervision of a dentist - visiting a dentist every six months prevents yellowing of teeth, loss of mineralization, formation of gum stones and caries.

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